

# Nimoli

WELLNESS SPA



## FACIAL

### Basic Facial

This facial treatment is perfect for busy individuals! It includes cleansing, enzyme exfoliation, a soothing massage, and concludes with a rejuvenating mask application.

40 Mins // Rs. 2800

### Karma's Botanical Facial

This facial aims at unclogging pores through deep cleansing. We use a blend of coffee, legumes, fruits, and fresh produce from our garden, along with Karma honey from our apiary for exfoliation. A calming massage and mask follow, leaving your skin brighter, smoother and fully revitalized.

75 Mins // Rs. 3800

## MANI - PEDI

### Manicure

Indulge in tranquility with our spa manicure. Treat your hands to a revitalizing experience, featuring meticulous nail care, a soothing soak, gentle exfoliation, hydrating mask and a relaxing massage.

45 Mins // Rs. 1800

### Pedicure

Step into pure relaxation with our spa pedicure. Let your feet unwind with a luxurious soak, meticulous nail grooming, gentle exfoliation, hydrating mask and a tranquil massage.

60 Mins // Rs. 2500

## BODY MESSAGES

### Aroma Therapy

A massage that is the perfect way to relax the tired body wherein essential oils and Thai massage techniques are used to liberate energies in your body— providing relaxation and rejuvenation.

60 Mins // Rs. 3400 | 90 Mins // Rs. 4600

### Traditional Thai Massage

A dry massage paired with assisted passive stretching. Delicate pressure and manipulation follow the body's energy lines, inducing total body relaxation.

60 Mins // Rs. 3200 | 90 Mins // Rs. 4400

### Sportfit Massage

An energizing massage designed for individuals involved in intense physical activity. This blend combines a dry massage incorporating stretching techniques to ease fatigued muscles, complemented by a unique oil blend penetrating aggravated and overused muscles. Expect a robust, revitalizing massage that renews your vitality.

90 minutes // Rs.4500

Herbal Compress ( Potli ) can be added to any of the above body massages.

30 Mins // Rs. 1400

A freshly-made scrub using innovative items from our kitchen and seasonal produce from our vegetable garden can be added to any of the above massages.

30 Mins // Rs 2100

### Bamboo Massage

A unique holistic approach, our bamboo massage utilizes various solid bamboo sticks to deeply and firmly massage the body, substituting the therapist's hand.

Kneading muscles aids in tension release and knot easing, operating on multiple levels to balance, calm, and revitalize you physically, mentally, and spiritually.

60 Mins // Rs. 4100 | 90 Mins // Rs. 5500

### Candle Massage

Natural oils are infused within massage candles, released when burned and then applied on the body for the massage. These candles provide anti-aging and skin health benefits.

Their aroma uplifts mood, fostering contentment and calmness. This treatment soothes and nourishes the senses, leaving you refreshed and invigorated, with noticeably softer hands and feet.

60 Mins // Rs. 3800 | 90 Mins // Rs. 5000

## FOOT THERAPIES

### Herbal Compress Foot Massage

An invigoration foot massage that incorporates a heated herbal compress to alleviate muscle aches, enhance circulation, and eliminate toxins from the body, leaving you feeling refreshed and revitalized.

60 Mins // Rs. 2500

### Express Foot Massage

Ideal for those with less time on their hands! A compact version of our Signature Foot Massage that will leave you feeling refreshed.

30 Mins // Rs. 1500

## HEAD MESSAGES

### Stress Relief Massage

This massage is perfectly tailored to invigorate tired muscles, with focused attention on the head, neck, and shoulders, providing a rejuvenating kneading sensation.

45 Mins // Rs. 2000

### Regular Hot Oil Massage

The hot oil combined with the massage techniques employed by our masseurs contribute significantly to enhancing blood circulation to the scalp, promoting overall scalp health and vitality.

30 Mins // Rs. 1700

## OUR SIGNATURE THERAPIES

### Invigorating Foot Massage

Therapists utilize reflexology as the focal point of this massage to offer a genuine experience that will alleviate fatigue in your feet. Our specially formulated oils penetrate your muscles and ligaments, enhancing blood circulation and reducing muscle tension.

60 Mins // Rs. 2500

### Special Head, Neck & Shoulder Massage

Indulge in a profoundly soothing head massage that utilizes Magic Oil, meticulously crafted to ease headaches, migraines, hangovers and more, thanks to its powerful healing attributes.

45 Mins // Rs. 2200

### Deep Tissue Body Massage

Experience a massage that guarantees immediate relief through its vigorous and powerful strokes, targeting the body to alleviate muscle tension and pain. This treatment ensures profound relaxation, leaving you utterly rejuvenated.

60 Mins // Rs. 3500 | 90 Mins // Rs. 4700

### Thai Dry Back Massage

A specialized back-focused massage technique involving the gentle rubbing or kneading specifically designed to enhance circulation, induces muscle relaxation, and offer a sensory experience that stimulates relaxation and pleasure.

45 Mins // Rs. 2500

PRICES ARE EXCLUSIVE OF TAXES

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